### ICASA RAPE CRISIS CENTERS

#### **O NORTH** Addison\*

YWCA Metropolitan Chicago For services and information in your Patterson & McDaniel Family Center 24 hrs. 630-971-3927 community concerning sexual assault or

Arlington Heights Northwest CASA 24 hrs. 888-802-8890 www.nwcasa.org

Aurora Mutual Ground, Inc. 24 hrs. 630-897-8383

Belvidere\* Rockford Sexual Assault Counseling, Inc 24 hrs. 815-636-9811

Berwyn\* CARE Center 24 hrs. 708-482-9600

Chicago Heights\* YWCA Metropolitan Chicago South Suburban Center 24 hrs 708-748-5672

DeKalb Safe Passage, Inc. 24 hrs. 815-756-5228

Dixon\* YWCA of the Sauk Valley 24 hrs. 815-288-1011

Elgin Community Crisis Center 24 hrs. 847-697-2380

Evanston<sup>3</sup> Northwest CASA at the Evanston Civic Center 24 hrs. 888-802-8890

Freeport VOICES of Stephenson County 24 hrs 815-232-7200

Galena Riverview Center 24 hrs. 888-707-8155

Gurnee Zacharias Sexual Abuse Center 24 hrs. (847) 872-7799

**Hickory Hills** Pillars Community Health 24 hrs. 708-482-9600

Sexual Assault Service Center Guardian Angel Community Services 24 hrs. 815-730-8984

Kankakee County Center Against Sexual Assault 24 hrs. 815-932-3322

McHenry\* Northwest CASA The Care Center of McHenry County 24 hrs. 800-892-8900

Sexual Assault Service Center Guardian Angel Community Services 24 hrs. 815-730-8984

Mount Carroll<sup>3</sup> Riverview Center 24 hrs. 815-244-7772

Morris\*

Oregon\* Rockford Sexual Assault Counseling, Inc. 24 hrs. 815-636-9811

Ottawa\* ADV & SAS 24 hrs. 800-892-3375

Plainfield' Sexual Assault Service Cente Guardian Angel Community Services 24 hrs. 815-730-8984

Pontiac\* ADV & SAS 24 hrs. 800-892-3375

Princeton Freedom House 24 hrs. 800-474-6031

**Quad Cities** Survivor Services Department Family Resources, Inc. 24 hrs. 309-797-1777 or 866-921-3354

Rockford Rockford Sexual Assault Counseling, Inc 24 hrs. 815-636-9811

Skokie\* Zacharias Sexual Abuse Center 24 hrs. (847) 872-7799

YWCA of the Sauk Valley 24 hrs. 815-626-7277

Streator Safe Journeys 24 hrs. 800-892-3375

Watseka\* Iroquois Sexual Assault Services 24 hrs. 815-432-0420

CHICAGO

Chicago 24-Hour Hotline 1-888-293-2080

Resilience www.ourresilience.org Stroger Hospital\* Austin\* Northside\*

Muieres Latinas En Acción www.muiereslatinasenaccion.org North Riverside\* South Chicago\*

YWCA Metropolitan Chicago www.ywcachicago.org · Cvnthia B. Lafuente Center Englewood\* Laura Parks and Mildred Francis Center RISE Children's Center\*

O CENTRAL Bloomington

Stepping Stones

Sexual Assault Services

Charleston/Mattoon

Survivor Resource Center

24 hrs. 866-617-3224

Growing Strong Sexual

WIRC/CAA Victim Services

24 hrs. 309-837-5555

Prairie Center Against

24 hrs. 217-753-8081

Western Illinois Regional Council/

Center for Prevention of Abuse

Sexual Assault Services

24 hrs. 309-691-4111 or

Quanada Pike County

24 hrs. 800-369-2287

24 hrs 800-369-2287

Quanada Schuyler County

Community Action Agency

Sexual Assault Counseling

YWCA McLean County

24 hrs. 309-827-4005

& Information Service

24 hrs. 888-345-2846

Danville

Decatur

Assault Center 24 hrs. 217-428-0770

Galesburg\*

Knox County

lacksonville

Sexual Assault

Victim Services

Mt. Sterling\*

24 hrs 309-837-5555

Macomh

Alton\* Call for Help, Inc. Sexual Assault Victims Care Unit 24 hrs. 618-397-0975

O SOUTH

Belleville Call for Help, Inc. Sexual Assault Victims Care Unit 24 hrs. 618-397-0975

Carbondale Rape Crisis Services of The Women's Center, Inc. 24 hrs. 618-529-2324 or 800-334-2094 · Northeast - Eurma C. Hayes Community Center\*

Centralia\* Sexual Assault and Family Emergencies 24 hrs. 800-625-1414

East St. Louis\* Call for Help, Inc. Sexual Assault Victims Care Unit 24 hrs. 618-397-0975

Effingham\* Sexual Assault and Family Emergencies 24 hrs. 800-625-1414

Harrisburg\* Rane Crisis Services of The Women's Center Inc. 24 hrs. 800-334-2094

Marion<sup>3</sup> Rape Crisis Services of The Women's Center, Inc. 24 hrs. 800-334-2094

Mt. Vernon Sexual Assault and Family Emergencies 24 hrs. 800-625-1414

Olnev\* Counseling & Information for Sexual Assault/Abuse 24 hrs. 866-288-4888

Robinson\* Counseling & Information for Sexual Assault/Abuse 24 hrs. 866-288-4888

Troy\* Call for Help, Inc. Sexual Assault Victims Care Unit 24 hrs. 618-397-0975

Vandalia Sexual Assault and Family Emergencies 24 hrs. 800-625-1414 www.safecrisiscenter.org

Waterloo\* Call for Help, Inc., Sexual Assault Victims Care Unit 24 hrs. 618-397-0975

> \*Designates satellite and outreach offices of main centers

### A GUIDE TO SERVICES



SEXUAL ASSAULT WHAT YOU NEED TO KNOW



**Illinois** Coalition Against Sexual Assault



sexual abuse, contact:

www.icasa.org

2019

"Funding provided in whole or in part by the Illinois Department of Human Services.'

Joliet

Kankakee

Kewanee' Freedom House 24 hrs. 800-474-6031

Sterling

Springfield Prairie Center Against Sexual Assault 24 hrs. 217-753-8081 Taylorville\*

Prairie Center Against Sexual Assault 24 hrs. 217-753-8081 Urbana/Champaign

Rape, Advocacy, Counseling and Education Services 24 hrs. 217-384-4444 or 877-236-3727

Quanada 24 hrs. 800-369-2287 Quincy Quanada Sexual Assault Program 24 hrs. 800-369-2287

Peoria

800-559-SAFE

Pittsfield\*

Rushville'



Sexual assault and sexual abuse are terms that refer to sexual contact without consent. Rape, incest, attempted rape and unwanted sexual touch are often called sexual assault.

### WHERE CAN I GET HELP?

Rape victims, family members and friends can all get help at a rape crisis center. Crisis center services are free and confidential. **Hotline** numbers for crisis centers are listed on the other side of this brochure. For crisis center information and locations go to **www.icasa.org**. Crisis centers are located throughout Illinois. If you are a victim of sexual assault, if you know someone who is, or if you want more information about sexual assault, you can contact the crisis center nearest you.





When you call a rape crisis center, a crisis counselor will respond. Counselors, medical and legal advocates are available to help. Anyone who is a victim of sexual assault, sexual abuse or sexual harassment can receive services at a crisis center. **Crisis center services are confidential, free and available 24-hours a day, 7-days a week.** 

### Staff and trained volunteers:

- Answer the **hotline**.
- Provide crisis intervention.
- Meet you at the hospital.
- Go with you to the police station, the State's Attorney's office and court.
- Provide individual and group counseling.
- Give you specific information about sexual assault.

In addition to these services, centers provide **prevention programs**.

Preventionists teach students about sexual assault and give presentations to community and civic groups. Staff also provide training for medical personnel, law enforcement officers, prosecutors, teachers and social workers.

# THE FACTS ...

Sexual assault and sexual abuse can happen to anyone. It's not just a myth. These are the facts:

- Sexual assault is a crime.
- Sexual assault is a violent use of power.
- There is no typical victim: anyone can be a victim of sexual assault.
- It is estimated that 1 in 7 women in Illinois have been the victims of sexual assault.
- 1 in 4 women in college will be the victim of rape or attempted rape.
- Only 3 in 10 sexual assaults are reported to the police.
- 80% of rape victims were known to their attackers
- 65% of teens have been asked to engage in sex acts they didn't want to via e-mail/texts/cellphone
- ICASA centers assisted more than 18,000 victims of sexual violence and their significant others in 2018.

# THE LAW ...

If you have been a victim of sexual assault or sexual abuse, the criminal justice system can help. The Illinois law:

- Focuses on the behavior of the offender, rather than the behavior of the victim.
- Requires serious penalties for crimes against children, older people and people with disabilities.
- Allows a spouse to be charged with sexual assault.
- Says offenders can be male or female and of any age.
- Does not require resistance to prove sexual assault or sexual abuse.
- Criminalizes many kinds of coercive sexual behavior in addition to penetration.

## WHAT IS ICASA?

The Illinois Coalition Against Sexual Assault (ICASA) is the statewide network of rape **crisis centers** working together to end sexual violence. For more information on ICASA or to contact a local rape crisis center please visit **www.icasa.org**.