ICASA RAPE CRISIS CENTERS

O NORTH Addison*

YWCA Metropolitan Chicago For services and information in your Patterson & McDaniel Family Center 24 hrs. 630-971-3927 community concerning sexual assault or

Arlington Heights Northwest CASA 24 hrs. 888-802-8890 www.nwcasa.org

Aurora Mutual Ground, Inc. 24 hrs. 630-897-8383

Belvidere* Rockford Sexual Assault Counseling, Inc 24 hrs. 815-636-9811

Berwyn* CARE Center 24 hrs. 708-482-9600

Chicago Heights* YWCA Metropolitan Chicago South Suburban Center 24 hrs 708-748-5672

DeKalb Safe Passage, Inc. 24 hrs. 815-756-5228

Dixon* YWCA of the Sauk Valley 24 hrs. 815-288-1011

Elgin Community Crisis Center 24 hrs. 847-697-2380

Evanston³ Northwest CASA at the Evanston Civic Center 24 hrs. 888-802-8890

Freeport VOICES of Stephenson County 24 hrs 815-232-7200

Galena Riverview Center 24 hrs. 888-707-8155

Gurnee Zacharias Sexual Abuse Center 24 hrs. (847) 872-7799

Hickory Hills Pillars Community Health 24 hrs. 708-482-9600

Sexual Assault Service Center Guardian Angel Community Services 24 hrs. 815-730-8984

Kankakee County Center Against Sexual Assault 24 hrs. 815-932-3322

McHenry* Northwest CASA The Care Center of McHenry County 24 hrs. 800-892-8900

Sexual Assault Service Center Guardian Angel Community Services 24 hrs. 815-730-8984

Mount Carroll³ Riverview Center 24 hrs. 815-244-7772

Morris*

Oregon* Rockford Sexual Assault Counseling, Inc. 24 hrs. 815-636-9811

Ottawa* ADV & SAS 24 hrs. 800-892-3375

Plainfield' Sexual Assault Service Cente Guardian Angel Community Services 24 hrs. 815-730-8984

Pontiac* ADV & SAS 24 hrs. 800-892-3375

Princeton Freedom House 24 hrs. 800-474-6031

Quad Cities Survivor Services Department Family Resources, Inc. 24 hrs. 309-797-1777 or 866-921-3354

Rockford Rockford Sexual Assault Counseling, Inc 24 hrs. 815-636-9811

Skokie* Zacharias Sexual Abuse Center 24 hrs. (847) 872-7799

YWCA of the Sauk Valley 24 hrs. 815-626-7277

Streator Safe Journeys 24 hrs. 800-892-3375

Watseka* Iroquois Sexual Assault Services 24 hrs. 815-432-0420

CHICAGO

Chicago 24-Hour Hotline 1-888-293-2080

Resilience www.ourresilience.org Stroger Hospital* Austin* Northside*

Muieres Latinas En Acción www.muiereslatinasenaccion.org North Riverside* South Chicago*

YWCA Metropolitan Chicago www.ywcachicago.org · Cvnthia B. Lafuente Center Englewood* Laura Parks and Mildred Francis Center RISE Children's Center*

O CENTRAL Bloomington

Stepping Stones

Sexual Assault Services

Charleston/Mattoon

Survivor Resource Center

24 hrs. 866-617-3224

Growing Strong Sexual

WIRC/CAA Victim Services

24 hrs. 309-837-5555

Prairie Center Against

24 hrs. 217-753-8081

Western Illinois Regional Council/

Center for Prevention of Abuse

Sexual Assault Services

24 hrs. 309-691-4111 or

Quanada Pike County

24 hrs. 800-369-2287

24 hrs 800-369-2287

Quanada Schuyler County

Community Action Agency

Sexual Assault Counseling

YWCA McLean County

24 hrs. 309-827-4005

& Information Service

24 hrs. 888-345-2846

Danville

Decatur

Assault Center 24 hrs. 217-428-0770

Galesburg*

Knox County

lacksonville

Sexual Assault

Victim Services

Mt. Sterling*

24 hrs 309-837-5555

Macomh

Alton* Call for Help, Inc. Sexual Assault Victims Care Unit 24 hrs. 618-397-0975

O SOUTH

Belleville Call for Help, Inc. Sexual Assault Victims Care Unit 24 hrs. 618-397-0975

Carbondale Rape Crisis Services of The Women's Center, Inc. 24 hrs. 618-529-2324 or 800-334-2094 · Northeast - Eurma C. Hayes Community Center*

Centralia* Sexual Assault and Family Emergencies 24 hrs. 800-625-1414

East St. Louis* Call for Help, Inc. Sexual Assault Victims Care Unit 24 hrs. 618-397-0975

Effingham* Sexual Assault and Family Emergencies 24 hrs. 800-625-1414

Harrisburg* Rane Crisis Services of The Women's Center Inc. 24 hrs. 800-334-2094

Marion³ Rape Crisis Services of The Women's Center, Inc. 24 hrs. 800-334-2094

Mt. Vernon Sexual Assault and Family Emergencies 24 hrs. 800-625-1414

Olnev* Counseling & Information for Sexual Assault/Abuse 24 hrs. 866-288-4888

Robinson* Counseling & Information for Sexual Assault/Abuse 24 hrs. 866-288-4888

Troy* Call for Help, Inc. Sexual Assault Victims Care Unit 24 hrs. 618-397-0975

Vandalia Sexual Assault and Family Emergencies 24 hrs. 800-625-1414 www.safecrisiscenter.org

Waterloo* Call for Help, Inc., Sexual Assault Victims Care Unit 24 hrs. 618-397-0975

> *Designates satellite and outreach offices of main centers

A GUIDE TO SERVICES



SEXUAL ASSAULT WHAT YOU NEED TO KNOW



Illinois Coalition Against Sexual Assault



sexual abuse, contact:

www.icasa.org

2019

"Funding provided in whole or in part by the Illinois Department of Human Services.'

Joliet

Kankakee

Kewanee' Freedom House 24 hrs. 800-474-6031

Sterling

Springfield Prairie Center Against Sexual Assault 24 hrs. 217-753-8081 Taylorville*

Prairie Center Against Sexual Assault 24 hrs. 217-753-8081 Urbana/Champaign

Rape, Advocacy, Counseling and Education Services 24 hrs. 217-384-4444 or 877-236-3727

Quanada 24 hrs. 800-369-2287 Quincy Quanada Sexual Assault Program 24 hrs. 800-369-2287

Peoria

800-559-SAFE

Pittsfield*

Rushville'



Sexual assault and sexual abuse are terms that refer to sexual contact without consent. Rape, incest, attempted rape and unwanted sexual touch are often called sexual assault.

WHERE CAN I GET HELP?

Rape victims, family members and friends can all get help at a rape crisis center. Crisis center services are free and confidential. **Hotline** numbers for crisis centers are listed on the other side of this brochure. For crisis center information and locations go to **www.icasa.org**. Crisis centers are located throughout Illinois. If you are a victim of sexual assault, if you know someone who is, or if you want more information about sexual assault, you can contact the crisis center nearest you.





When you call a rape crisis center, a crisis counselor will respond. Counselors, medical and legal advocates are available to help. Anyone who is a victim of sexual assault, sexual abuse or sexual harassment can receive services at a crisis center. **Crisis center services are confidential, free and available 24-hours a day, 7-days a week.**

Staff and trained volunteers:

- Answer the **hotline**.
- Provide crisis intervention.
- Meet you at the hospital.
- Go with you to the police station, the State's Attorney's office and court.
- Provide individual and group counseling.
- Give you specific information about sexual assault.

In addition to these services, centers provide **prevention programs**.

Preventionists teach students about sexual assault and give presentations to community and civic groups. Staff also provide training for medical personnel, law enforcement officers, prosecutors, teachers and social workers.

THE FACTS ...

Sexual assault and sexual abuse can happen to anyone. It's not just a myth. These are the facts:

- Sexual assault is a crime.
- Sexual assault is a violent use of power.
- There is no typical victim: anyone can be a victim of sexual assault.
- It is estimated that 1 in 7 women in Illinois have been the victims of sexual assault.
- 1 in 4 women in college will be the victim of rape or attempted rape.
- Only 3 in 10 sexual assaults are reported to the police.
- 80% of rape victims were known to their attackers
- 65% of teens have been asked to engage in sex acts they didn't want to via e-mail/texts/cellphone
- ICASA centers assisted more than 18,000 victims of sexual violence and their significant others in 2018.

THE LAW ...

If you have been a victim of sexual assault or sexual abuse, the criminal justice system can help. The Illinois law:

- Focuses on the behavior of the offender, rather than the behavior of the victim.
- Requires serious penalties for crimes against children, older people and people with disabilities.
- Allows a spouse to be charged with sexual assault.
- Says offenders can be male or female and of any age.
- Does not require resistance to prove sexual assault or sexual abuse.
- Criminalizes many kinds of coercive sexual behavior in addition to penetration.

WHAT IS ICASA?

The Illinois Coalition Against Sexual Assault (ICASA) is the statewide network of rape **crisis centers** working together to end sexual violence. For more information on ICASA or to contact a local rape crisis center please visit **www.icasa.org**.