

# ICASA RAPE CRISIS CENTERS

## A GUIDE TO SERVICES

For services and information in your community concerning sexual assault or sexual abuse, contact:



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### ■ NORTH

**ARLINGTON HEIGHTS**  
Northwest CASA  
24 hrs. 888-802-8890  
[www.nwcasa.org](http://www.nwcasa.org)

**AURORA**  
Mutual Ground, Inc.  
24 hrs. 630-897-8383  
[www.mutualgroundinc.com](http://www.mutualgroundinc.com)

**BELVIDERE\***  
Rockford Sexual Assault  
Counseling, Inc.  
24 hrs. 815-636-9811

**BERWYN\***  
The C.A.R.E. Center  
24 hrs. 708-482-9600

**CHICAGO HEIGHTS**  
YWCA Metropolitan Chicago  
South Suburban Center Sexual Violence  
and Support Services  
24 hrs. 708-748-5672  
[www.ywcachicago.org](http://www.ywcachicago.org)

**CRYSTAL LAKE\***  
Northwest CASA  
24 hrs. 888-802-8890

**DEKALB**  
Safe Passage, Inc.  
24 hrs. 815-756-5228  
[www.safepassageadv.org](http://www.safepassageadv.org)

**DIXON\***  
YWCA of the Sauk Valley  
24 hrs. 815-288-1011

**ELGIN**  
Community Crisis Center  
24 hrs. 847-697-2380  
[www.crisiscenter.org](http://www.crisiscenter.org)

**EVANSTON\***  
Northwest CASA  
24 hrs. 888-802-8890

**GALENA**  
Riverview Center Inc.  
24 hrs. 888-707-8155  
[www.riverviewcenter.org](http://www.riverviewcenter.org)

**GLENDALE HEIGHTS**  
YWCA Metropolitan Chicago  
Patterson and McDaniel Family Center  
24 hrs. 630-971-3927  
[www.ywcachicago.org](http://www.ywcachicago.org)

**HICKORY HILLS**  
The Pillars Community Services  
24 hrs. 708-482-9600  
[www.pillarscommunity.org](http://www.pillarscommunity.org)

**JOLIET**  
Sexual Assault Service Center  
Guardian Angel Community Services  
24 hrs. 815-730-8984  
[www.gacsprograms.org](http://www.gacsprograms.org)

**KANKAKEE**  
Kankakee County Center  
Against Sexual Assault  
24 hrs. 815-932-3322  
[www.kc-casa.org](http://www.kc-casa.org)

**MOUNT CARROLL\***  
Riverview Center Carroll County  
24 hrs. 877-273-7772

**OTTAWA**  
ADV & SAS  
24 hrs. 800-892-3375

**PONTIAC\***  
ADV & SAS  
24 hrs. 800-892-3375

**PRINCETON**  
Freedom House, Inc.  
24 hrs. 800-474-6031  
[www.freedomhouseillinois.com](http://www.freedomhouseillinois.com)

**QUAD CITIES**  
Rape/Sexual Assault Counseling Prg.  
Family Resources, Inc.  
24 hrs. 309-797-1777  
[www.famres.org](http://www.famres.org)

**ROCHELLE\***  
Rockford Sexual Assault  
Counseling, Inc.  
24 hrs. 815-636-9811

**ROCKFORD**  
Rockford Sexual Assault Counseling  
24 hrs. 815-636-9811  
[www.rsaonline.org](http://www.rsaonline.org)

**STERLING**  
YWCA of the Sauk Valley  
24 hrs. 815-626-7277  
[www.ywca.org/saukvalley](http://www.ywca.org/saukvalley)

**STREATOR**  
ADV & SAS  
24 hrs. 800-892-3375  
[www.advsas.org](http://www.advsas.org)

**WATSEKA\***  
Iroquois Sexual Assault Services.  
24 hrs. 815-432-0420

■ CHICAGO  
Chicago 24-Hour Hotline  
1-888-293-2080

**RAPE VICTIM ADVOCATES**  
[www.rapevictimadvocates.org](http://www.rapevictimadvocates.org)  
O Stroger Hospital of Cook County\*  
O Austin\* O Northside\*

**MUJERES LATINAS EN ACCION**  
[www.mujerestatinasenaccion.org](http://www.mujerestatinasenaccion.org)

**YWCA METROPOLITAN CHICAGO**  
**SEXUAL VIOLENCE AND SUPPORT SERVICES**

[www.ywcachicago.org](http://www.ywcachicago.org)  
O YWCA Metropolitan Chicago  
Parks and Francis Center\*  
O Englewood\*  
O Logan Square\*  
O YWCA Metropolitan Chicago  
RISE Children's Center\*

### ■ CENTRAL

**BLOOMINGTON**  
Stepping Stones Sexual Assault  
Services  
YWCA McLean County  
24 hrs. 309-827-4005  
[www.ywcamclean.org](http://www.ywcamclean.org)

**BROWN COUNTY\***  
Quanada Sexual Assault Program  
24 hrs. 800-369-2287

**CHARLESTON/MATTOON**  
Sexual Assault Counseling  
& Information Service  
24 hrs. 888-345-2846  
[www.sacis.org](http://www.sacis.org)

**DANVILLE**  
Vermillion County  
Rape Crisis Center  
24 hrs. 866-617-3224  
[www.vcrapecrisiscenter.org](http://www.vcrapecrisiscenter.org)

**DECATUR**  
Growing Strong Sexual  
Assault Center  
24 hrs. 217-428-0770  
[www.growingstrongcenter.org](http://www.growingstrongcenter.org)

**JACKSONVILLE\***  
Prairie Center Against  
Sexual Assault  
24 hrs. 217-753-8081

**MACOMB**  
Western Illinois Regional  
Council/Community Action Agency  
Victim Services  
24 hrs. 309-837-5555  
[www.wirpc.org/victimservices](http://www.wirpc.org/victimservices)

**QUINCY**  
Quanada Sexual  
Assault Program  
24 hrs. 800-369-2287  
[www.quanada.org](http://www.quanada.org)

**PEORIA**  
The Center for the  
Prevention of Abuse  
Sexual Assault Services  
24 hrs. 309-691-4111 or  
800-559-SAFE  
[www.centerforpreventionofabuse.org](http://www.centerforpreventionofabuse.org)

**PITTSFIELD\***  
Quanada Pike County Satellite Office  
24 hrs 800-369-2287

**ROBINSON\***  
Counseling & Information  
for Sexual Assault/Abuse  
24 hrs. 866-288-4888

**SCHUYLER COUNTY\***  
Quanada Sexual Assault Program  
24 hrs. 800-369-2287

**SPRINGFIELD**  
Prairie Center Against  
Sexual Assault  
24 hrs. 217-753-8081  
[www.prairiecasa.org](http://www.prairiecasa.org)

**URBANA/CHAMPAIGN**  
Rape, Advocacy, Counseling and  
Education Services  
24 hrs. 217-384-4444  
or 877-236-3727  
[www.cu-races.org](http://www.cu-races.org)

### ■ SOUTH

**BELLEVILLE**  
Call For Help, Inc. Sexual Assault  
Victims Care Unit  
24 hrs. 618-397-0975  
[www.callforhelpinc.org](http://www.callforhelpinc.org)

**CARBONDALE**  
Rape Crisis Services of  
The Women's Center, Inc.  
24 hrs. 618-529-2324 or  
800-334-2094  
[www.thewomensctr.org](http://www.thewomensctr.org)

**CENTRALIA\***  
Sexual Assault and  
Family Emergencies  
24 hrs. 800-625-1414

**EAST ST. LOUIS\***  
Call For Help, Inc. Sexual Assault  
Victims Care Unit  
24 hrs. 618-397-0975

**EFFINGHAM\***  
Sexual Assault and  
Family Emergencies  
24 hrs. 800-625-1414

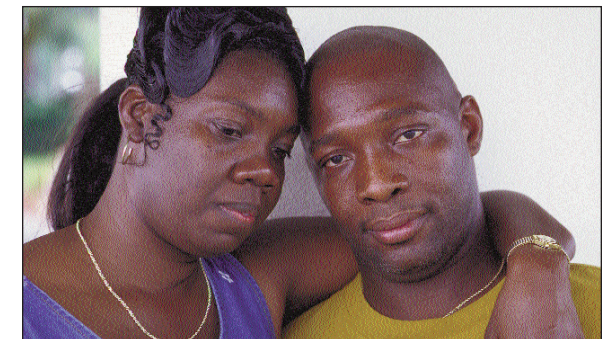
**GRANITE CITY\***  
Call For Help, Inc., Sexual Assault  
Victims Care Unit  
24 hrs. 618-397-0975

**MARION\***  
Rape Crisis Services of  
The Women's Center, Inc.  
24 hrs. 800-334-2094

**VANDALIA**  
Sexual Assault and  
Family Emergencies  
24 hrs. 800-625-1414  
[www.safecrisiscenter.org](http://www.safecrisiscenter.org)



# SEXUAL ASSAULT WHAT YOU NEED TO KNOW



Illinois Coalition  
Against Sexual Assault

## WHAT IS **SEXUAL ASSAULT**?

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Sexual assault and sexual abuse are terms that refer to sexual contact without consent. Rape, incest, attempted rape and unwanted sexual touch are often called sexual assault.

## WHERE CAN I **GET HELP**?

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Rape victims, family members and friends can all get help at a rape crisis center. Crisis center services are free and confidential. **Hotline** numbers for crisis centers are listed on the other side of this brochure. For crisis center information and locations go to [www.icasa.org](http://www.icasa.org). Crisis centers are located throughout Illinois. If you are a victim of sexual assault, if you know someone who is, or if you want more information about sexual assault, you can contact the crisis center nearest you.



## WHAT IS A **CRISIS CENTER**?

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When you call a rape crisis center, a crisis counselor will respond. Counselors, medical and legal advocates are available to help. Anyone who is a victim of sexual assault, sexual abuse or sexual harassment can receive services at a crisis center. **Crisis center services are confidential, free and available 24-hours a day, 7-days a week.**

### Staff and trained volunteers:

- Answer the **hotline**.
- Provide crisis **intervention**.
- Meet you at the **hospital**.
- Go with you to the **police** station, the State's Attorney's office and court.
- Provide individual and group **counseling**.
- Give you specific **information** about sexual assault.

In addition to these services, centers provide **prevention education**. Preventionists teach students about sexual assault and give presentations to community and civic groups. Staff also provide training for medical personnel, law enforcement officers, prosecutors, teachers and social workers.

## THE **FACTS** ...

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Sexual assault and sexual abuse can happen to anyone. It's not just a myth. These are the facts:

- Sexual assault is a **crime**.
- Sexual assault is a violent use of **power**.
- There is no typical victim: **anyone** can be a victim of sexual assault.
- It is estimated that 1 in 7 women in **Illinois** have been the victims of sexual assault.
- **1 in 4** women in college will be the victim of rape or attempted rape.
- Only 3 in 10 sexual assaults are reported to the **police**.
- 80% of rape victims **were known** to their attackers
- 65% of teens have been asked to engage in sex acts they didn't want to via e-mail/texts/cellphone
- ICASA centers **assisted** more than 18,000 victims of sexual violence and their significant others in 2014.

## THE **LAW** ...

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If you have been a victim of sexual assault or sexual abuse, the criminal justice system can help. The Illinois law:

- Focuses on the **behavior** of the offender, rather than the behavior of the victim.
- Requires serious **penalties** for crimes against children, older people and people with disabilities.
- Allows a **spouse** to be charged with sexual assault.
- Says **offenders** can be male or female and of any age.
- Does not require **resistance** to prove sexual assault or sexual abuse.
- **Criminalizes** many kinds of coercive sexual behavior in addition to penetration.

## WHAT IS **ICASA**?

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The Illinois Coalition Against Sexual Assault (ICASA) is the statewide network of rape **crisis centers** working together to end sexual violence. For more information on ICASA or to contact a local rape crisis center please visit [www.icasa.org](http://www.icasa.org).