

## RAPE CRISIS CENTERS IN ILLINOIS

For services and information in your community concerning sexual assault or sexual abuse, contact:



[www.icasa.org](http://www.icasa.org)  
2025

"Funding provided in whole or in part by the Illinois Department of Human Services."

| <b>NORTH</b>   |   |
|--|---|
| <b>Addison*</b>  | YWCA Metropolitan Chicago<br>24 hrs. 888-293-2080                                     |
| <b>Arlington Heights</b>   | Northwest CASA<br>24 hrs. 888-802-8890  |
| <b>Aurora</b>  | Mutual Ground, Inc.<br>24 hrs. 630-897-8383   |
| <b>Belvidere*</b>  | Rockford Sexual Assault Counseling<br>24 hrs. 815-636-9811                            |
| <b>Berwyn*</b>   | Pillars Community Health<br>24 hrs. 708-482-9600                                      |
| <b>Chicago Heights*</b>  | YWCA - South Suburban Center<br>24 hrs. 888-293-2080                                  |
| <b>DeKalb</b>  | Safe Passage, Inc.<br>24 hrs. 815-756-5228  |
| <b>Elgin</b>   | Community Crisis Center<br>24 hrs. 847-697-2380                                       |
| <b>Freeport</b>  | VOICES of Stephenson County<br>24 hrs. 815-232-7200                                   |
| <b>Galena</b>  | Riverview Center<br>24 hrs. 888-707-8155  |
| <b>Gurnee</b>  | Zacharias Sexual Abuse Center<br>24 hrs. 847-872-7799                                 |
| <b>Hickory Hills</b>   | Pillars Community Health<br>24 hrs. 708-482-9600                                      |
| <b>Joliet</b>  | Guardian Angel Community Services<br>24 hrs. 815-730-8984                             |
| <b>Kankakee</b>  | Clove Alliance<br>24 hrs. 815-932-3322  |
| <b>LaGrange*</b>   | Pillars Community Health<br>24 hrs. 708-482-9600                                      |
| <b>McHenry*</b>  | Northwest CASA<br>24 hrs. 800-892-8900  |
| <b>Morris*</b>   | Guardian Angel Community Services<br>24 hrs. 815-730-8984                             |
| <b>Mount Carroll*</b>  | Riverview Center<br>24 hrs. 815-244-7772  |
| <b>Oregon*</b>   |   |
| Rockford Sexual Assault Counseling<br>24 hrs. 815-636-9811   |   |
| <b>Ottawa*</b>   |   |
| Safe Journeys<br>24 hrs. 800-892-3375  |   |
| <b>Peru*</b>   |   |
| Safe Journeys<br>24 hrs. 800-892-3375  |   |
| <b>Plainfield*</b>   |   |
| Guardian Angel Community Services<br>24 hrs. 815-730-8984  |   |
| <b>Pontiac*</b>  |   |
| Safe Journeys<br>24 hrs. 800-892-3375  |   |
| <b>Princeton</b>   |   |
| Freedom House<br>24 hrs. 800-474-6031  |   |
| <b>Quad Cities</b>   |   |
| Family Resources.<br>24 hrs. 866-921-3354  |   |
| <b>Rockford</b>  |   |
| Rockford Sexual Assault Counseling<br>24 hrs. 815-636-9811   |   |
| <b>Skokie*</b>   |   |
| Zacharias Sexual Abuse Center<br>24 hrs. 847-872-7799  |   |
| <b>Sterling</b>  |   |
| YWCA of the Sauk Valley<br>24 hrs. 815-626-7277  |   |
| <b>Streator</b>  |   |
| Safe Journeys<br>24 hrs. 800-892-3375  |   |
| <b>Watseka*</b>  |   |
| Clove Alliance<br>24 hrs. 815-932-3322   |   |
| <b>Worth</b>   |   |
| Arab American Family Services<br>24 hrs. 708-945-7600  |   |
| <b>CHICAGO</b>   |   |
| <b>Chicago 24-Hour Hotline</b><br>1-888-293-2080   |   |
| <b>Resilience</b>  |   |
| www.ourresilience.org<br>• Stroger Hospital* • Austin*<br>• Northside*   |   |
| <b>Mujeres Latinas En Acción</b>   |   |
| www.mujereslatinosenaccion.org<br>• North Riverside* • South Chicago*  |   |
| <b>YWCA Metropolitan Chicago</b>   |   |
| www.ywcachicago.org<br>• Cynthia B. Lafuente Center*<br>• Parks and Francis Center*<br>• Roseland Center* • Medical District |   |
| <b>O CENTRAL</b>   |   |
| <b>Bloomington</b>   | Stepping Stones Sexual Assault Services<br>YWCA McLean County<br>24 hrs. 309-556-7000 |
| <b>Charleston/Mattoon</b>  |   |
| Prevail Illinois<br>24 hrs. 888-345-2846   |   |
| <b>Cuba*</b>   |   |
| WIRC/CAA<br>Victim Services<br>24 hrs. 309-837-5555  |   |
| <b>Danville</b>  |   |
| Survivor Resource Center<br>24 hrs. 866-617-3224   |   |
| <b>Decatur</b>   |   |
| Growing Strong Sexual Assault Center<br>24 hrs. 217-428-0770   |   |
| <b>Galesburg*</b>  |   |
| WIRC/CAA Victim Services<br>Knox County<br>24 hrs. 309-837-5555  |   |
| <b>Jacksonville*</b>   |   |
| Prairie Center Against Sexual Assault<br>24 hrs. 217-753-8081  |   |
| <b>Macomb</b>  |   |
| WIRC/CAA<br>Victim Services<br>24 hrs. 309-837-5555  |   |
| <b>Mt. Sterling*</b>   |   |
| Quanada<br>24 hrs. 800-369-2287  |   |
| <b>Paris*</b>  |   |
| Survivor Resource Center<br>24 hrs. 866-617-3224   |   |
| <b>Peoria</b>  |   |
| Center for Prevention of Abuse<br>Sexual Assault Services<br>24 hrs. 309-691-4111 or<br>800-559-SAFE                         |   |
| <b>Pittsfield*</b>   |   |
| Quanada Pike County<br>24 hrs. 800-369-2287  |   |
| <b>Quincy</b>  |   |
| Quanada<br>Sexual Assault Program<br>24 hrs. 800-369-2287  |   |
| <b>Rushville*</b>  |   |
| Quanada Schuyler County<br>24 hrs. 800-369-2287  |   |
| <b>Springfield</b>   |   |
| Prairie Center Against Sexual Assault<br>24 hrs. 217-753-8081  |   |
| <b>Taylorville*</b>  |   |
| Prairie Center Against Sexual Assault<br>24 hrs. 217-753-8081  |   |
| <b>Urbana/Champaign</b>  |   |
| Rape, Advocacy, Counseling and Education Services<br>24 hrs. 217-384-4444  |   |
| <b>O SOUTH</b>   |   |
| <b>Alton*</b>  | Metro East Every Survivor Counts<br>24 hrs. 618-397-0975                              |
| <b>Belleville</b>  | Metro East Every Survivor Counts<br>24 hrs. 618-397-0975                              |
| <b>Carbondale</b>  | Survivor Empowerment Center<br>24 hrs. 618-529-2324 or<br>800-334-2094                |
| <b>Centralia*</b>  | Sexual Assault and Family Emergencies<br>24 hrs. 800-625-1414                         |
| <b>Effingham*</b>  | Sexual Assault and Family Emergencies<br>24 hrs. 800-625-1414                         |
| <b>Harrisburg*</b>   | Survivor Empowerment Center<br>24 hrs. 800-334-2094                                   |
| <b>Marion*</b>   | Survivor Empowerment Center<br>24 hrs. 800-334-2094                                   |
| <b>Mt. Vernon*</b>   | Sexual Assault and Family Emergencies<br>24 hrs. 800-625-1414                         |
| <b>Olney*</b>  | Counseling & Information for Sexual Assault<br>24 hrs. 866-288-4888                   |
| <b>Robinson*</b>   | Prevail Illinois<br>24 hrs. 866-288-4888  |
| <b>Vandalia</b>  | Sexual Assault and Family Emergencies<br>24 hrs. 800-625-1414                         |

\*Designates satellite and outreach offices of main centers.

A GUIDE TO SERVICES

# SEXUAL ASSAULT

WHAT YOU  
NEED TO  
KNOW



## WHAT IS SEXUAL ASSAULT?

Sexual assault and sexual abuse are terms that refer to sexual contact without consent. Rape, incest, attempted rape and any unwanted sexual touch are often called sexual assault.

## WHO CAN GET HELP?

Survivors of sexual violence, family members and friends can all get help at a rape crisis center. Rape crisis centers are available to any survivor regardless of gender identification, sexual orientation, age or race. All survivors are welcome to seek services at rape crisis centers.

A survivor can seek assistance soon after the assault or years after the assault. There is not a timetable for when survivors can receive assistance.

Crisis center services are free and confidential. If you are a victim of sexual assault, if you know someone who is, or if you want more information about sexual assault, you can contact the rape crisis center nearest you.

Crisis center offices and 24-hour hotline numbers are listed on the other side of this brochure and can also be found at [www.icasa.org](http://www.icasa.org).

## WHAT IS A CRISIS CENTER?

When you call a rape crisis center, a crisis counselor will respond. Counselors, and medical and legal advocates are available to help. **Anyone** who is a victim of sexual violence can receive services at a crisis center. **Crisis center services are confidential and free. Services are available 24-hours a day, 7-days a week.**

Rape crisis center staff can help you understand the feelings you may have after the assault or abuse and can assist you in working through the recovery process. The services provided can be in-person or virtually.

### Staff and trained volunteers:

- Answer the **hotline**.
- Provide crisis **intervention**.
- Give you specific **information** about sexual assault.
- Meet you at the **hospital**.
- Go with you to the **police** station, the State's Attorney's office and court.
- Provide individual and group **counseling**.

In addition to these services, centers provide **prevention programs**.

## WHAT IS ICASA?

The Illinois Coalition Against Sexual Assault (ICASA) is the statewide network of rape crisis centers working together to end sexual violence. For more information on ICASA or to contact a local rape crisis center please visit [www.icasa.org](http://www.icasa.org).

## THE FACTS ...

Sexual violence can happen to anyone. It's not just a myth. These are the facts:

- Sexual violence is **not your fault**.
- Sexual violence is a **crime**.
- Sexual violence is a violent use of **power**.
- There is no typical victim: **anyone** can be a victim of sexual violence.
- It is estimated that 1 in 7 women in **Illinois** have been the victims of sexual assault.
- Only 3 in 10 sexual assaults are reported to the **police**.
- 80% of rape victims **were known** to their attackers

## WHAT IS THE LAW ...

If you have been a victim of sexual assault or sexual abuse, the criminal justice system can help. The Illinois law:

- Focuses on the **behavior** of the offender, rather than the behavior of the victim.
- Requires serious **penalties** for crimes against children, older people and people with disabilities.
- Allows a **spouse** to be charged with sexual assault.
- Says **offenders** can be male or female and of any age.
- Does not require **resistance** to prove sexual assault or sexual abuse.
- **Criminalizes** many kinds of coercive sexual behavior in addition to penetration.

