

# RAPE CRISIS CENTERS IN ILLINOIS

For services and information in your community concerning sexual assault or sexual abuse, contact:



www.icasa.org  
2025

"Funding provided in whole or in part  
by the Illinois Department of Human Services."

## ○ NORTH

**Addison\***  
YWCA Metropolitan Chicago  
24 hrs. 888-293-2080

**Arlington Heights**  
Northwest CASA  
24 hrs. 888-802-8890

**Aurora**  
Mutual Ground, Inc.  
24 hrs. 630-897-8383

**Belvidere\***  
Rockford Sexual Assault Counseling  
24 hrs. 815-636-9811

**Berwyn\***  
Pillars Community Health  
24 hrs. 708-482-9600

**Chicago Heights\***  
YWCA - South Suburban Center  
24 hrs. 888-293-2080

**DeKalb**  
Safe Passage, Inc.  
24 hrs. 815-756-5228

**Elgin**  
Community Crisis Center  
24 hrs. 847-697-2380

**Freeport**  
VOICES of Stephenson County  
24 hrs. 815-232-7200

**Galena**  
Riverview Center  
24 hrs. 888-707-8155

**Gurnee**  
Zacharias Sexual Abuse Center  
24 hrs. 847-872-7799

**Hickory Hills**  
Pillars Community Health  
24 hrs. 708-482-9600

**Joliet**  
Guardian Angel Community Services  
24 hrs. 815-730-8984

**Kankakee**  
Clove Alliance  
24 hrs. 815-932-3322

**LaGrange\***  
Pillars Community Health  
24 hrs. 708-482-9600

**McHenry\***  
Northwest CASA  
24 hrs. 800-892-8900

**Morris\***  
Guardian Angel Community Services  
24 hrs. 815-730-8984

**Mount Carroll\***  
Riverview Center  
24 hrs. 815-244-7772

## **Oregon\***

Rockford Sexual Assault Counseling  
24 hrs. 815-636-9811

**Ottawa\***  
Safe Journeys  
24 hrs. 800-892-3375

**Peru\***  
Safe Journeys  
24 hrs. 800-892-3375

**Plainfield\***  
Guardian Angel Community Services  
24 hrs. 815-730-8984

**Pontiac\***  
Safe Journeys  
24 hrs. 800-892-3375

**Princeton**  
Freedom House  
24 hrs. 800-474-6031

**Quad Cities**  
Family Resources.  
24 hrs. 866-921-3354

**Rockford**  
Rockford Sexual Assault Counseling  
24 hrs. 815-636-9811

**Skokie\***  
Zacharias Sexual Abuse Center  
24 hrs. 847-872-7799

**Sterling**  
YWCA of the Sauk Valley  
24 hrs. 815-626-7277

**Streator**  
Safe Journeys  
24 hrs. 800-892-3375

**Watseka\***  
Clove Alliance  
24 hrs. 815-932-3322

**Worth**  
Arab American Family Services  
24 hrs. 708-945-7600

## ○ CHICAGO

**Chicago 24-Hour Hotline**  
1-888-293-2080

**Resilience**  
www.ourresilience.org  
• Stroger Hospital\* • Austin\*  
• Northside\*

**Mujeres Latinas En Acción**  
www.mujereslatinasenaccion.org  
• North Riverside\* • South Chicago\*

**YWCA Metropolitan Chicago**  
www.ywcachicago.org  
• Cynthia B. Lafuente Center\*  
• Parks and Francis Center\*  
• Roseland Center\* • Medical District

## ○ CENTRAL

**Bloomington**  
Stepping Stones Sexual Assault  
Services  
YWCA McLean County  
24 hrs. 309-556-7000

**Charleston/Mattoon**  
Prevail Illinois  
24 hrs. 888-345-2846

**Cuba\***  
WIRC/CAA  
Victim Services  
24 hrs. 309-837-5555

**Danville**  
Survivor Resource Center  
24 hrs. 866-617-3224

**Decatur**  
Growing Strong Sexual  
Assault Center  
24 hrs. 217-428-0770

**Galesburg\***  
WIRC/CAA Victim Services  
Knox County  
24 hrs. 309-837-5555

**Jacksonville\***  
Prairie Center Against  
Sexual Assault  
24 hrs. 217-753-8081

**Macomb**  
WIRC/CAA  
Victim Services  
24 hrs. 309-837-5555

**Mt. Sterling\***  
Quanada  
24 hrs. 800-369-2287

**Paris\***  
Survivor Resource Center  
24 hrs. 866-617-3224

**Peoria**  
Center for Prevention of Abuse  
Sexual Assault Services  
24 hrs. 309-691-4111 or  
800-559-SAFE

**Pittsfield\***  
Quanada Pike County  
24 hrs. 800-369-2287

**Quincy**  
Quanada  
Sexual Assault Program  
24 hrs. 800-369-2287

**Rushville\***  
Quanada Schuyler County  
24 hrs. 800-369-2287

## **Springfield**

Prairie Center Against Sexual Assault  
24 hrs. 217-753-8081

**Taylorville\***  
Prairie Center Against Sexual Assault  
24 hrs. 217-753-8081

**Urbana/Champaign**  
Rape, Advocacy, Counseling  
and Education Services  
24 hrs. 217-384-4444

## ○ SOUTH

**Alton\***  
Metro East Every Survivor Counts  
24 hrs. 618-397-0975

**Belleville**  
Metro East Every Survivor Counts  
24 hrs. 618-397-0975

**Carbondale**  
Survivor Empowerment Center  
24 hrs. 618-529-2324 or  
800-334-2094

**Centralia\***  
Sexual Assault and Family  
Emergencies  
24 hrs. 800-625-1414

**Effingham\***  
Sexual Assault and Family  
Emergencies  
24 hrs. 800-625-1414

**Harrisburg\***  
Survivor Empowerment Center  
24 hrs. 800-334-2094

**Marion\***  
Survivor Empowerment Center  
24 hrs. 800-334-2094

**Mt. Vernon\***  
Sexual Assault and Family  
Emergencies  
24 hrs. 800-625-1414

**Olney\***  
Counseling & Information for Sexual  
Assault  
24 hrs. 866-288-4888

**Robinson\***  
Prevail Illinois  
24 hrs. 866-288-4888

**Vandalia**  
Sexual Assault and  
Family Emergencies  
24 hrs. 800-625-1414

*\*Designates satellite and outreach offices  
of main centers.*

## A GUIDE TO SERVICES

# SEXUAL ASSAULT

# WHAT YOU NEED TO KNOW



## WHAT IS SEXUAL ASSAULT?

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Sexual assault and sexual abuse are terms that refer to sexual contact without consent. Rape, incest, attempted rape and any unwanted sexual touch are often called sexual assault.

## WHO CAN GET HELP?

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Survivors of sexual violence, family members and friends can all get help at a rape crisis center. Rape crisis centers are available to any survivor regardless of gender identification, sexual orientation, age or race. All survivors are welcome to seek services at rape crisis centers.

A survivor can seek assistance soon after the assault or years after the assault. There is not a timetable for when survivors can receive assistance.

Crisis center services are free and confidential. If you are a victim of sexual assault, if you know someone who is, or if you want more information about sexual assault, you can contact the rape crisis center nearest you.

Crisis center offices and 24-hour hotline numbers are listed on the other side of this brochure and can also be found at [www.icasa.org](http://www.icasa.org).

## WHAT IS A CRISIS CENTER?

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When you call a rape crisis center, a crisis counselor will respond. Counselors, and medical and legal advocates are available to help. **Anyone** who is a victim of sexual violence can receive services at a crisis center. **Crisis center services are confidential and free. Services are available 24-hours a day, 7-days a week.**

Rape crisis center staff can help you understand the feelings you may have after the assault or abuse and can assist you in working through the recovery process. The services provided can be in-person or virtually.

### Staff and trained volunteers:

- Answer the **hotline**.
- Provide crisis **intervention**.
- Give you specific **information** about sexual assault.
- Meet you at the **hospital**.
- Go with you to the **police** station, the State's Attorney's office and court.
- Provide individual and group **counseling**.

In addition to these services, centers provide **prevention programs**.

## WHAT IS ICASA?

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The Illinois Coalition Against Sexual Assault (ICASA) is the statewide network of rape crisis centers working together to end sexual violence. For more information on ICASA or to contact a local rape crisis center please visit [www.icasa.org](http://www.icasa.org).

## THE FACTS ...

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Sexual violence can happen to anyone. It's not just a myth. These are the facts:

- Sexual violence is **not your fault**.
- Sexual violence is a **crime**.
- Sexual violence is a violent use of **power**.
- There is no typical victim: **anyone** can be a victim of sexual violence.
- It is estimated that 1 in 7 women in **Illinois** have been the victims of sexual assault.
- Only 3 in 10 sexual assaults are reported to the **police**.
- 80% of rape victims **were known** to their attackers

## WHAT IS THE LAW ...

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If you have been a victim of sexual assault or sexual abuse, the criminal justice system can help. The Illinois law:

- Focuses on the **behavior** of the offender, rather than the behavior of the victim.
- Requires serious **penalties** for crimes against children, older people and people with disabilities.
- Allows a **spouse** to be charged with sexual assault.
- Says **offenders** can be male or female and of any age.
- Does not require **resistance** to prove sexual assault or sexual abuse.
- **Criminalizes** many kinds of coercive sexual behavior in addition to penetration.

