RAPE CRISIS CENTERS IN ILLINOIS

O NORTH Addison*

24 hrs. 888-293-2080

Arlington Heights

24 hrs. 888-802-8890

Northwest CASA

www.nwcasa.org

Mutual Ground, Inc

24 hrs. 630-897-8383

Aurora

YWCA Metropolitan Chicago

Patterson & McDaniel Family Center

For services and information in your community concerning sexual assault or sexual abuse, contact:

> Belvidere* Rockford Sexual Assault Counseling Inc. 24 hrs. 815-636-9811

> > Berwyn* CARE Center 24 hrs. 708-482-9600

Chicago Heights* YWCA Metropolitan Chicago South Suburban Center 24 hrs. 888-293-2080

DeKalb Safe Passage, Inc. 24 hrs. 815-756-5228

Dixon YWCA of the Sauk Valley 24 hrs. 815-288-1011

Elain Community Crisis Center 24 hrs 847-697-2380

Evanston Northwest CASA at the Evanston Civic Center 24 hrs. 888-802-8890

Freeport VOICES of Stephenson County 24 hrs. 815-232-7200

Galena Riverview Center 24 hrs. 888-707-8155

Gurnee Zacharias Sexual Abuse Center 24 hrs. (847) 872-7799

Pillars Community Health 24 hrs. 708-482-9600

Sexual Assault Service Center Guardian Angel Community Services 24 hrs. 815-730-8984

Kankakee County Center Against Sexual Assault 24 hrs. 815-932-3322

Freedom House 24 hrs. 800-474-6031

Northwest CASA 24 hrs. 800-892-8900

Morris* Sexual Assault Service Center Guardian Angel Community Services

24 hrs. 815-730-8984 Mount Carroll Riverview Center 24 hrs 815-244-7772

Oregon* Rockford Sexual Assault Counseling, Inc 24 hrs. 815-636-9811

Ottawa* ADV & SAS 24 hrs. 800-892-3375

Plainfield* Sexual Assault Service Center Guardian Angel Community Services 24 hrs. 815-730-8984

Pontiac* ADV & SAS 24 hrs. 800-892-3375

Princeton Freedom House 24 hrs. 800-474-6031

Quad Cities Survivor Services Department Family Resources, Inc. 24 hrs. 309-797-1777 or 866-921-3354

Rockford Rockford Sexual Assault Counseling Inc. 24 hrs. 815-636-9811

Skokie* Zacharias Sexual Abuse Center 24 hrs. (847) 872-7799

Sterling YWCA of the Sauk Valley 24 hrs. 815-626-7277

Streator Safe Journeys 24 hrs. 800-892-3375

Watseka³ Iroquois Sexual Assault Services 24 hrs. 815-432-0420

O CHICAGO

Chicago 24-Hour Hotline 1-888-293-2080

Resilience www.ourresilience.org Stroger Hospital* Austin* Northside

Muieres Latinas En Acción www.mujereslatinasenaccion.org North Riverside* South Chicago*

YWCA Metropolitan Chicago www.vwcachicago.org Cvnthia B. Lafuente Center* · Englewood* · Laura Parks and Mildred Francis Center RISE Children's Center

O CENTRAL Bloomington Stepping Stones Sexual Assault Services

YWCA McLean County

24 hrs. 309-556-7000

& Information Service

24 hrs. 888-345-2846

24 hrs 866-617-3224

Growing Strong Sexual

24 hrs. 217-428-0770

24 hrs. 309-837-5555

Prairie Center Against

24 hrs. 217-753-8081

Community Action Agency Victim Services

24 hrs. 309-837-5555

24 hrs. 800-369-2287

Sexual Assault Program

Sexual Assault Services

24 hrs. 309-691-4111 or

Quanada Pike County 24 hrs. 800-369-2287

Quanada Schuyler County

24 hrs. 800-369-2287

Prairie Center Against

24 hrs. 217-753-8081

Prairie Center Against

24 hrs. 217-753-8081

Urbana/Champaign

24 hrs. 217-384-4444

or 877-236-3727

Rape, Advocacy, Counseling and Education

800-559-SAFE

Pittsfield*

Rushville*

Springfield

Sexual Assault

Taylorville*

Sexual Assault

Services

Center for Prevention of Abuse

24 hrs. 800-369-2287

Mt. Sterlina*

Quanada

Quincy

Quanada

Peoria

Western Illinois Regional Council/

WIRC/CAA Victim Services

Danville

Decatur

Assault Center

Galesburg

Knox County

Jacksonville*

Sexual Assault

Macomb

Charleston/Mattoon

Sexual Assault Counseling

Survivor Resource Center

Alton* Call for Help, Inc. Sexual Assault Victims Care Unit 24 hrs. 618-397-0975

O SOUTH

Belleville Call for Help, Inc. Sexual Assault Victims Care Unit 24 hrs 618-397-0975

Carbondale Rape Crisis Services of The Women's Center, Inc. 24 hrs. 618-529-2324 or 800-334-2094 · Northeast - Eurma C. Hayes Community Center*

Centralia* Sexual Assault and Family Emergencies 24 hrs. 800-625-1414

East St. Louis* Call for Help, Inc. Sexual Assault Victims Care Unit 24 hrs. 618-397-0975

Effingham* Sexual Assault and Family Emergencies 24 hrs. 800-625-1414

Harrisburg* Rape Crisis Services of The Women's Center, Inc. 24 hrs. 800-334-2094

Marion* Rape Crisis Services of The Women's Center, Inc. 24 hrs. 800-334-2094

Mt. Vernon³ Sexual Assault and Family Emergencies 24 hrs. 800-625-1414

> Olney* Counseling & Information for Sexual Assault/Abuse 24 hrs. 866-288-4888

Robinson* Counseling & Information for Sexual Assault/Abuse 24 hrs. 866-288-4888

Troy* Call for Help, Inc. Sexual Assault Victims Care Unit 24 hrs. 618-397-0975

Vandalia Sexual Assault and Family Emergencies 24 hrs. 800-625-1414 www.safecrisiscenter.org

Waterloo* Call for Help. Inc.. Sexual Assault Victims Care Unit 24 hrs. 618-397-0975

A GUIDE TO SERVICES



SEXUAL **Assault** WHAT YOU NEED TO **K**NOW



Illinois Coalition Against Sexual Assault



www.icasa.org

2020

"Funding provided in whole or in part by the Illinois Department of Human Services."

Hickory Hills Joliet

Kankakee

Kewanee'

McHenry*

WHAT IS SEXUAL ASSAULT?

Sexual assault and sexual abuse are terms that refer to sexual contact without consent. Rape, incest, attempted rape and any unwanted sexual touch are often called sexual assault.

WHERE CAN I GET HELP?

Survivors of sexual violence, family members and friends can all get help at a rape crisis center.

Crisis center services are free and confidential. Crisis Center offices and 24hour **Hotline** numbers are listed on the other side of this brochure and can also be found at **www.icasa.org.**

Crisis centers are located throughout Illinois. If you are a victim of sexual assault, if you know someone who is, or if you want more information about sexual assault, you can contact the crisis center nearest you.



WHAT IS A CRISIS CENTER?

When you call a rape crisis center, a crisis counselor will respond. Counselors, medical and legal advocates are available to help. Anyone who is a victim of sexual violence can receive services at a crisis center. **Crisis center services are confidential and free. Services are available 24-hours a day, 7-days a week.**

Staff and trained volunteers:

- Answer the **hotline**.
- Provide crisis intervention.
- Give you specific information about sexual assault.
- Meet you at the **hospital**.
- Go with you to the police station, the State's Attorney's office and court.
- Provide individual and group counseling.

In addition to these services, centers provide **prevention programs**. Preventionists give presentations to schools, community groups and civic organizations on sexual violence. Staff also provide training for medical personnel, law enforcement officers, prosecutors, teachers and social workers.

The Facts ...

Sexual violence can happen to anyone. It's not just a myth. These are the facts:

- Sexual violence is not your fault.
- Sexual violence is a **crime**.
- Sexual violence is a violent use of power.
- There is no typical victim: anyone can be a victim of sexual violence.
- It is estimated that 1 in 7 women in Illinois have been the victims of sexual assault.
- 1 in 4 women in college will be the victim of rape or attempted rape.
- Only 3 in 10 sexual assaults are reported to the **police**.
- 80% of rape victims were known to their attackers
- 65% of teens have been asked to engage in sex acts they didn't want to via e-mail/texts/cellphone
- ICASA centers assisted more than 18,000 victims of sexual violence and their significant others in 2019.

THE LAW ...

If you have been a victim of sexual assault or sexual abuse, the criminal justice system can help. The Illinois law:

- Focuses on the behavior of the offender, rather than the behavior of the victim.
- Requires serious penalties for crimes against children, older people and people with disabilities.
- Allows a **spouse** to be charged with sexual assault.
- Says offenders can be male or female and of any age.
- Does not require resistance to prove sexual assault or sexual abuse.
- Criminalizes many kinds of coercive sexual behavior in addition to penetration.

WHAT IS ICASA?

The Illinois Coalition Against Sexual Assault (ICASA) is the statewide network of rape **crisis centers** working together to end sexual violence. For more information on ICASA or to contact a local rape crisis center please visit **www.icasa.org**.