

RAPE CRISIS CENTERS IN ILLINOIS

A GUIDE TO SERVICES

For services and information in your community concerning sexual assault or sexual abuse, contact:



www.icasa.org
2025

"Funding provided in whole or in part by the Illinois Department of Human Services."

○ NORTH

Addison*
YWCA Metropolitan Chicago
24 hrs. 888-293-2080

Arlington Heights
Northwest CASA
24 hrs. 888-802-8890

Aurora
Mutual Ground, Inc.
24 hrs. 630-897-8383

Belvidere*
Rockford Sexual Assault Counseling
24 hrs. 815-636-9811

Berwyn*
Pillars Community Health
24 hrs. 708-482-9600

Chicago Heights*
YWCA - South Suburban Center
24 hrs. 888-293-2080

DeKalb
Safe Passage, Inc.
24 hrs. 815-756-5228

Elgin
Community Crisis Center
24 hrs. 847-697-2380

Freeport
VOICES of Stephenson County
24 hrs. 815-232-7200

Galena
Riverview Center
24 hrs. 888-707-8155

Gurnee
Zacharias Sexual Abuse Center
24 hrs. 847-872-7799

Hickory Hills
Pillars Community Health
24 hrs. 708-482-9600

Joliet
Guardian Angel Community Services
24 hrs. 815-730-8984

Kankakee
Clove Alliance
24 hrs. 815-932-3322

LaGrange*
Pillars Community Health
24 hrs. 708-482-9600

McHenry*
Northwest CASA
24 hrs. 800-892-8900

Morris*
Guardian Angel Community Services
24 hrs. 815-730-8984

Mount Carroll*
Riverview Center
24 hrs. 815-244-7772

Oregon*

Rockford Sexual Assault Counseling
24 hrs. 815-636-9811

Ottawa*
Safe Journeys
24 hrs. 800-892-3375

Peru*
Safe Journeys
24 hrs. 800-892-3375

Plainfield*
Guardian Angel Community Services
24 hrs. 815-730-8984

Pontiac*
Safe Journeys
24 hrs. 800-892-3375

Princeton
Freedom House
24 hrs. 800-474-6031

Quad Cities
Family Resources.
24 hrs. 866-921-3354

Rockford
Rockford Sexual Assault Counseling
24 hrs. 815-636-9811

Skokie*
Zacharias Sexual Abuse Center
24 hrs. 847-872-7799

Sterling
YWCA of the Sauk Valley
24 hrs. 815-626-7277

Streator
Safe Journeys
24 hrs. 800-892-3375

Watseka*
Clove Alliance
24 hrs. 815-932-3322

○ CHICAGO

Chicago 24-Hour Hotline
1-888-293-2080

Resilience
www.ourresilience.org
• Stroger Hospital*
• Austin*
• Northside*

Mujeres Latinas En Acción
www.mujereslatinasenaccion.org
• North Riverside*
• South Chicago*

YWCA Metropolitan Chicago
www.ywcachicago.org
• Cynthia B. Lafuente Center*
• Parks and Francis Center*
• Roseland Center*
• Medical District Center*

○ CENTRAL

Bloomington
Stepping Stones Sexual Assault Services

YWCA McLean County
24 hrs. 309-556-7000

Charleston/Mattoon
Prevail Illinois
24 hrs. 888-345-2846

Cuba*
WIRC/CAA
Victim Services
24 hrs. 309-837-5555

Danville
Survivor Resource Center
24 hrs. 866-617-3224

Decatur
Growing Strong Sexual Assault Center
24 hrs. 217-428-0770

Galesburg*
WIRC/CAA Victim Services
Knox County
24 hrs. 309-837-5555

Jacksonville*
Prairie Center Against Sexual Assault
24 hrs. 217-753-8081

Macomb
WIRC/CAA
Victim Services
24 hrs. 309-837-5555

Mt. Sterling*
Quanada
24 hrs. 800-369-2287

Paris*
Survivor Resource Center
24 hrs. 866-617-3224

Peoria
Center for Prevention of Abuse Sexual Assault Services
24 hrs. 309-691-4111 or 800-559-SAFE

Pittsfield*
Quanada Pike County
24 hrs. 800-369-2287

Quincy
Quanada
Sexual Assault Program
24 hrs. 800-369-2287

Rushville*
Quanada Schuyler County
24 hrs. 800-369-2287

Springfield

Prairie Center Against Sexual Assault
24 hrs. 217-753-8081

Taylorville*
Prairie Center Against Sexual Assault
24 hrs. 217-753-8081

Urbana/Champaign
Rape, Advocacy, Counseling and Education Services
24 hrs. 217-384-4444

○ SOUTH

Belleville
Metro East Every Survivor Counts
24 hrs. 618-397-0975

Carbondale
Survivor Empowerment Center
24 hrs. 618-529-2324 or 800-334-2094

Centralia*
Sexual Assault and Family Emergencies
24 hrs. 800-625-1414

Effingham*
Sexual Assault and Family Emergencies
24 hrs. 800-625-1414

Harrisburg*
Survivor Empowerment Center
24 hrs. 800-334-2094

Marion*
Survivor Empowerment Center
24 hrs. 800-334-2094

Mt. Vernon*
Sexual Assault and Family Emergencies
24 hrs. 800-625-1414

Olney*
Counseling & Information for Sexual Assault
24 hrs. 866-288-4888

Robinson*
Prevail Illinois
24 hrs. 866-288-4888

Wood River*
Metro East Every Survivor Counts
24 hrs. 618-397-0975

Vandalia
Sexual Assault and Family Emergencies
24 hrs. 800-625-1414

**Designates satellite and outreach offices of main centers.*

SEXUAL ASSAULT

WHAT YOU NEED TO KNOW



WHAT IS SEXUAL ASSAULT?

Sexual assault and sexual abuse are terms that refer to sexual contact without consent. Rape, incest, attempted rape and any unwanted sexual touch are often called sexual assault.

WHO CAN GET HELP?

Survivors of sexual violence, family members and friends can all get help at a rape crisis center. Rape crisis centers are available to any survivor regardless of gender identification, sexual orientation, age or race. All survivors are welcome to seek services at rape crisis centers.

A survivor can seek assistance soon after the assault or years after the assault. There is not a timetable for when survivors can receive assistance.

Crisis center services are free and confidential. If you are a victim of sexual assault, if you know someone who is, or if you want more information about sexual assault, you can contact the rape crisis center nearest you.

Crisis center offices and 24-hour hotline numbers are listed on the other side of this brochure and can also be found at www.icasa.org.

WHAT IS A CRISIS CENTER?

When you call a rape crisis center, a crisis counselor will respond. Counselors, and medical and legal advocates are available to help. **Anyone** who is a victim of sexual violence can receive services at a crisis center. **Crisis center services are confidential and free. Services are available 24-hours a day, 7-days a week.**

Rape crisis center staff can help you understand the feelings you may have after the assault or abuse and can assist you in working through the recovery process. The services provided can be in-person or virtually.

Staff and trained volunteers:

- Answer the **hotline**.
- Provide crisis **intervention**.
- Give you specific **information** about sexual assault.
- Meet you at the **hospital**.
- Go with you to the **police** station, the State's Attorney's office and court.
- Provide individual and group **counseling**.

In addition to these services, centers provide **prevention programs**.

WHAT IS ICASA?

The Illinois Coalition Against Sexual Assault (ICASA) is the statewide network of rape crisis centers working together to end sexual violence. For more information on ICASA or to contact a local rape crisis center please visit www.icasa.org.

THE FACTS ...

Sexual violence can happen to anyone. It's not just a myth. These are the facts:

- Sexual violence is **not your fault**.
- Sexual violence is a **crime**.
- Sexual violence is a violent use of **power**.
- There is no typical victim: **anyone** can be a victim of sexual violence.
- It is estimated that 1 in 7 women in **Illinois** have been the victims of sexual assault.
- Only 3 in 10 sexual assaults are reported to the **police**.
- 80% of rape victims **were known** to their attackers

WHAT IS THE LAW ...

If you have been a victim of sexual assault or sexual abuse, the criminal justice system can help. The Illinois law:

- Focuses on the **behavior** of the offender, rather than the behavior of the victim.
- Requires serious **penalties** for crimes against children, older people and people with disabilities.
- Allows a **spouse** to be charged with sexual assault.
- Says **offenders** can be male or female and of any age.
- Does not require **resistance** to prove sexual assault or sexual abuse.
- **Criminalizes** many kinds of coercive sexual behavior in addition to penetration.

