

# PICTURE GUIDE To The Exam After Sexual Assault for Medical Staff





After you arrive at the hospital, you will be checked in.





You will be placed in an exam room after a decision is made how to best help you.





A medical advocate will arrive to support you throughout the exam and provide valuable information.





Hello, my name is \_\_\_\_\_.

I am a SANE  
(Sexual Assault  
Nurse Examiner)  
or other medical  
staff. I am here to  
make sure you are  
ok.





Let me tell you  
about your rights  
to privacy.





Telling me what happened to you will help me know how I can best help you. Each person has only the parts of the exam they need. We can figure that out together.





Let me start by telling you about what happens during the exam. You can say yes or no to any part of the exam. You can tell me to stop at anytime. You can ask questions at anytime. **THIS IS YOUR CHOICE.**








I will ask you questions and write down what you say. "I'd like you to start by telling me what happened during the assault."





If it is okay with you, I will open the evidence collection box. Let me tell you what is in the box.

**Illinois State Police**  
Sexual Assault Evidence Collection Kit



ID No. \_\_\_\_\_  
 Beat/Unit Assigned \_\_\_\_\_  
 Date of examination \_\_\_\_\_  
 City \_\_\_\_\_

Patient \_\_\_\_\_  
 Patient Address \_\_\_\_\_  
 Hospital Name and Address \_\_\_\_\_  
 Address Where Assault Occurred \_\_\_\_\_  
 Examining Health Professional \_\_\_\_\_ (print name) Signature \_\_\_\_\_  
 Nurse \_\_\_\_\_ (print name) Signature \_\_\_\_\_  
 Transferred to law enforcement representative  
 by \_\_\_\_\_ Signature \_\_\_\_\_  
 Law enforcement agency \_\_\_\_\_ (print name) City \_\_\_\_\_  
 Law enforcement representative \_\_\_\_\_ (print name) Signature \_\_\_\_\_  
 Date of pickup \_\_\_\_\_ Time of pickup \_\_\_\_\_

This kit is approved by the Illinois State Police

Notes \_\_\_\_\_  
Evidence Tape \_\_\_\_\_



The box has many parts or steps. You can say yes or no to any of the steps.

THIS IS YOUR CHOICE

**Illinois State Police**  
Sexual Assault Evidence Collection Kit

Illinois State Police Seal

ED No. \_\_\_\_\_  
 Beat/Unit Assigned \_\_\_\_\_  
 Date of examination \_\_\_\_\_  
 City \_\_\_\_\_

Patient \_\_\_\_\_  
 Patient Address \_\_\_\_\_  
 Hospital Name and Address \_\_\_\_\_  
 Address Where Assault Occurred \_\_\_\_\_  
 Examining Health Professional \_\_\_\_\_ (print name) Signature \_\_\_\_\_  
 Nurse \_\_\_\_\_ (print name) Signature \_\_\_\_\_

Transferred to law enforcement representative  
 by \_\_\_\_\_ Signature \_\_\_\_\_  
 Law enforcement agency \_\_\_\_\_ (print name) City \_\_\_\_\_  
 Law enforcement representative \_\_\_\_\_ (print name) Signature \_\_\_\_\_  
 Date of pickup \_\_\_\_\_ Time of pickup \_\_\_\_\_

Notes

Evidence Tape

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The evidence collected may be used in court if you say it is okay to give it to the police.





If you say okay,  
your equipment  
may be looked at  
for evidence.



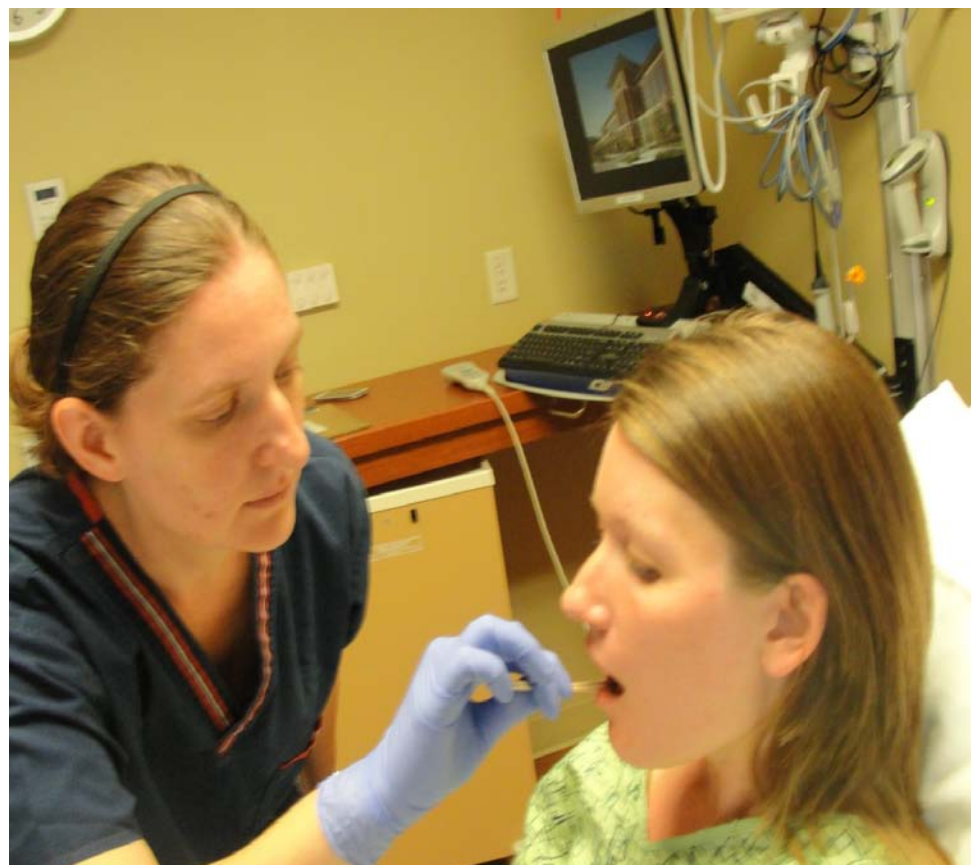


If you say okay, I will take your clothes and put them in paper bags. This only happens if you are wearing the same clothes that you were wearing during the assault.





Next, if it is okay with you, I will wipe the inside of your mouth with a cotton swab. Is that okay with you?





The next step of the exam is to comb your hair for evidence. Is that okay with you?







Now I will wipe other areas of your body. Is that okay with you?





I may need to scrape or swab under your fingernails. Is that okay with you?



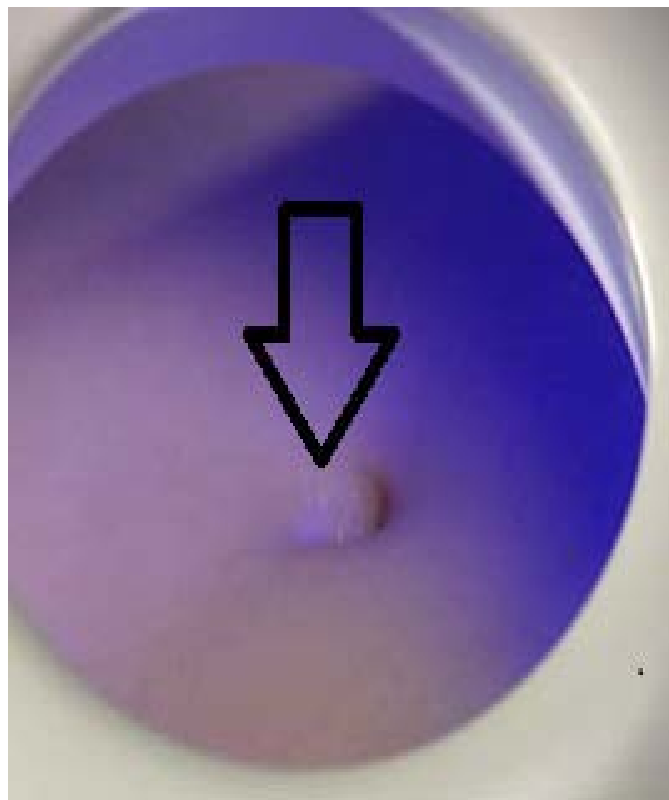


A special light may be used during the exam. I will use the light to look at your body to see if any areas glow. I will collect any areas that glow as evidence using a cotton swab.





Here is an example of what the special light can show. See the glowing area on the belly button?





I will turn the lights out when using the special lamp. “Is that okay with you to do that now?”





I will look over your body to see if you are hurt. Is that okay with you?





I want you to be as comfortable as possible as I look for injuries. Please let me know if anything I do makes you feel uncomfortable or hurts.





A camera may be used to take pictures during the exam. You can say yes or no to having the pictures taken.







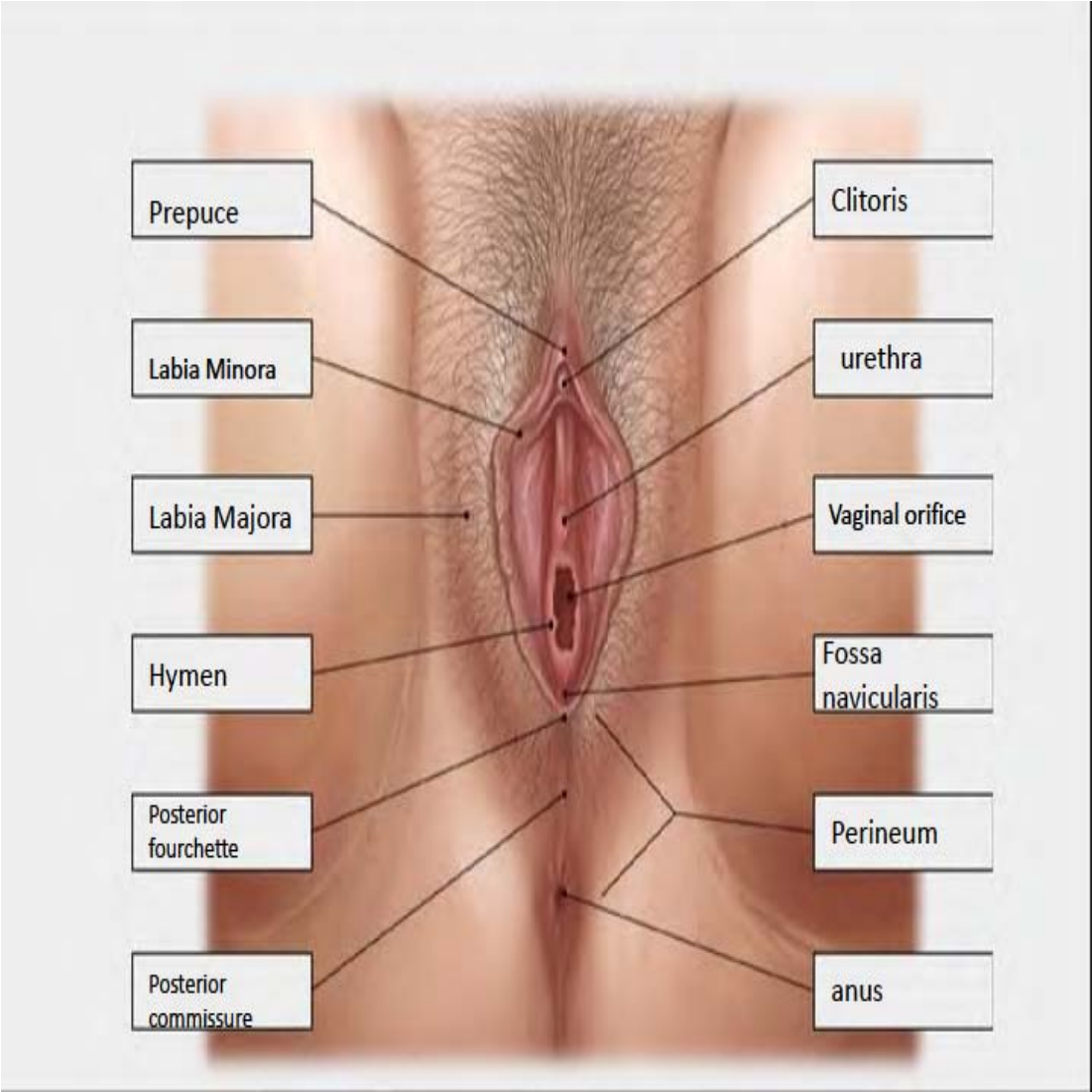
Based on what has happened to you, I may look at your genitals to look for injury and collect evidence. The medical advocate or a support person can be beside you to support you during this part too. “Would you like the medical advocate to be in the room?”





If you are a female, a tool called a speculum will be used. The speculum will be placed in your vagina if that is okay. This will help me to see if you are okay inside.







Now I need you to lie back and come down to the end of the table if you are able to do that. If not, I will help you into a more comfortable position to do the genital exam. You can tell me what position feels best.





I will be at the bottom of the table. You will be able to see me.





Another step of the exam is taking medication to prevent sexually transmitted infections. I will tell you about the risk of getting an infection. I will tell you what you need to do once you get home.





There may be a chance you could become pregnant because of the assault. Let me tell you about the risk of becoming pregnant and what medications are available at the hospital. It is your choice whether you take steps to prevent pregnancy.





The medical advocate will give you information on local services. Services from the Rape Crisis Center are free to you and your family ... and important for your healing.







Before you leave the hospital you will get a list of:

- medications given and the reason for taking them;
- things you can do at home to be healthy;
- suggestions for any follow-up steps;
- what was done at the hospital; and
- a voucher for follow-up services.





YOU ARE SO BRAVE!  
THANK YOU.

