

# PICTURE GUIDE To The Exam After Sexual Assault for Advocates





After you arrive at the hospital, you will be checked in.





You will be placed  
in an exam room.





Hello, my name is \_\_\_\_\_ I am a medical advocate from \_\_\_\_\_. I can help support you throughout the exam and provide valuable information. Is it okay with you that I stay?





Let me tell you  
about your rights  
to privacy.





A medical staff will meet you, introduce themselves and talk about what happened to you.





What happened to you will help the medical staff know how to best help you. Each person has only the parts of the exam they need.





The medical staff will tell you about the exam. You can say yes or no to any part of the exam. You can tell the medical staff to stop or slow down or explain something at any time.

**THIS IS YOUR CHOICE.**







The medical staff will ask you some questions about your medical history and ask about what happened during the assault. They will write down what you tell them.





If it is okay with you, the medical staff will open the evidence collection box. She will tell you what is in the box.

The form is titled "Illinois State Police Sexual Assault Evidence Collection Kit". It features the Illinois State Police seal in the top left corner. The form contains several sections for data entry:

- ED No. \_\_\_\_\_
- Beat/Unit Assigned \_\_\_\_\_
- Date of examination \_\_\_\_\_
- Patient \_\_\_\_\_
- Patient Address \_\_\_\_\_
- City \_\_\_\_\_
- Hospital Name and Address \_\_\_\_\_
- Address Where Assault Occurred \_\_\_\_\_
- Examining Health Professional (print name) \_\_\_\_\_ Signature \_\_\_\_\_
- Nurse (print name) \_\_\_\_\_ Signature \_\_\_\_\_
- Transferred to law enforcement representative by \_\_\_\_\_ Signature \_\_\_\_\_
- Law enforcement agency (print name) \_\_\_\_\_ City \_\_\_\_\_
- Law enforcement representative (print name) \_\_\_\_\_ Signature \_\_\_\_\_
- Date of pickup \_\_\_\_\_ Time of pickup \_\_\_\_\_

At the bottom center, it states "This kit is approved by the Illinois State Police". On the right side, there is a vertical line labeled "Notes" and a small box at the bottom right labeled "Evidence Tape".



The box has many parts or steps. You can say yes or no to any of the steps.

THIS IS YOUR CHOICE

**Illinois State Police**  
Sexual Assault Evidence Collection Kit

Illinois State Police Seal

ED No. \_\_\_\_\_  
 Beat/Unit Assigned \_\_\_\_\_  
 Date of examination \_\_\_\_\_  
 City \_\_\_\_\_

Patient \_\_\_\_\_  
 Patient Address \_\_\_\_\_  
 Hospital Name and Address \_\_\_\_\_  
 Address Where Assault Occurred \_\_\_\_\_  
 Examining Health Professional (print name) \_\_\_\_\_ Signature \_\_\_\_\_  
 Nurse (print name) \_\_\_\_\_ Signature \_\_\_\_\_

Transferred to law enforcement representative  
 by \_\_\_\_\_ Signature \_\_\_\_\_  
 Law enforcement agency (print name) \_\_\_\_\_ City \_\_\_\_\_  
 Law enforcement representative (print name) \_\_\_\_\_ Signature \_\_\_\_\_  
 Date of pickup \_\_\_\_\_ Time of pickup \_\_\_\_\_

Notes

Evidence Tape

This kit is approved by the Illinois State Police



The evidence collected may be used in court if you decide it is okay for the medical staff to give it to the police.





If you say okay,  
your equipment  
may be looked at  
for evidence.



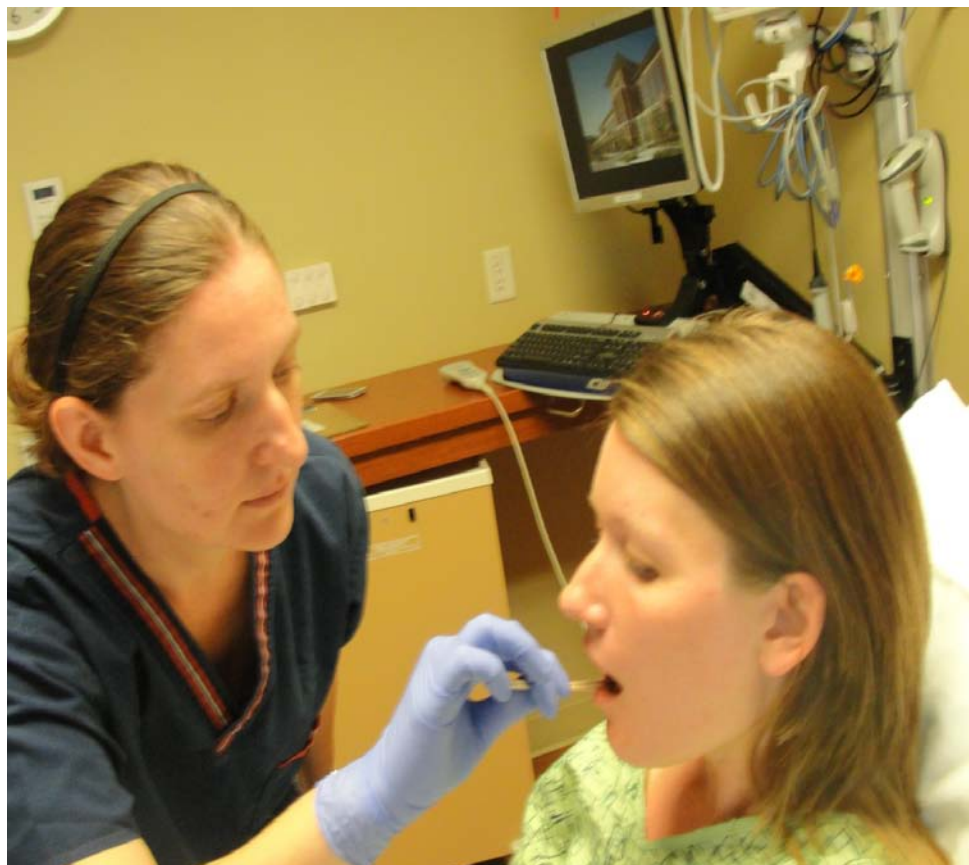


If you say okay, the medical staff may take your clothes and put them in paper bags. This only happens if you are wearing the same clothes that you were wearing during the assault.





Next, if it is okay with you, the medical staff may wipe the inside of your mouth with a cotton swab.





The next step of the exam may be for the medical staff to comb your hair for evidence. Remember, you can say yes or no.







The medical staff may wipe other areas of your body, based on what happened to you. You can say yes or no to this part too.





The medical staff may need to scrape or swab under your fingernails. You may say yes or no to having this done.





A special light may be used during the exam. The medical staff will use the light to look at your body to see if any areas glow. They will use a cotton swab on any areas that glow.





The medical staff will turn the lights out when using the special lamp. The medical staff will not leave you.





The medical staff will look over your body to see if you are hurt or having any pain. You can say yes or no to any part of this.





We want you to be as comfortable as possible as the medical staff look for injuries. Please let the nurse know if anything she does makes you feel uncomfortable or hurts.





A camera may be used to take pictures during the exam. You can say yes or no to having the pictures taken.





Based on what has happened to you, the medical staff may look at your genitals. I can be beside you to support you during this part too.

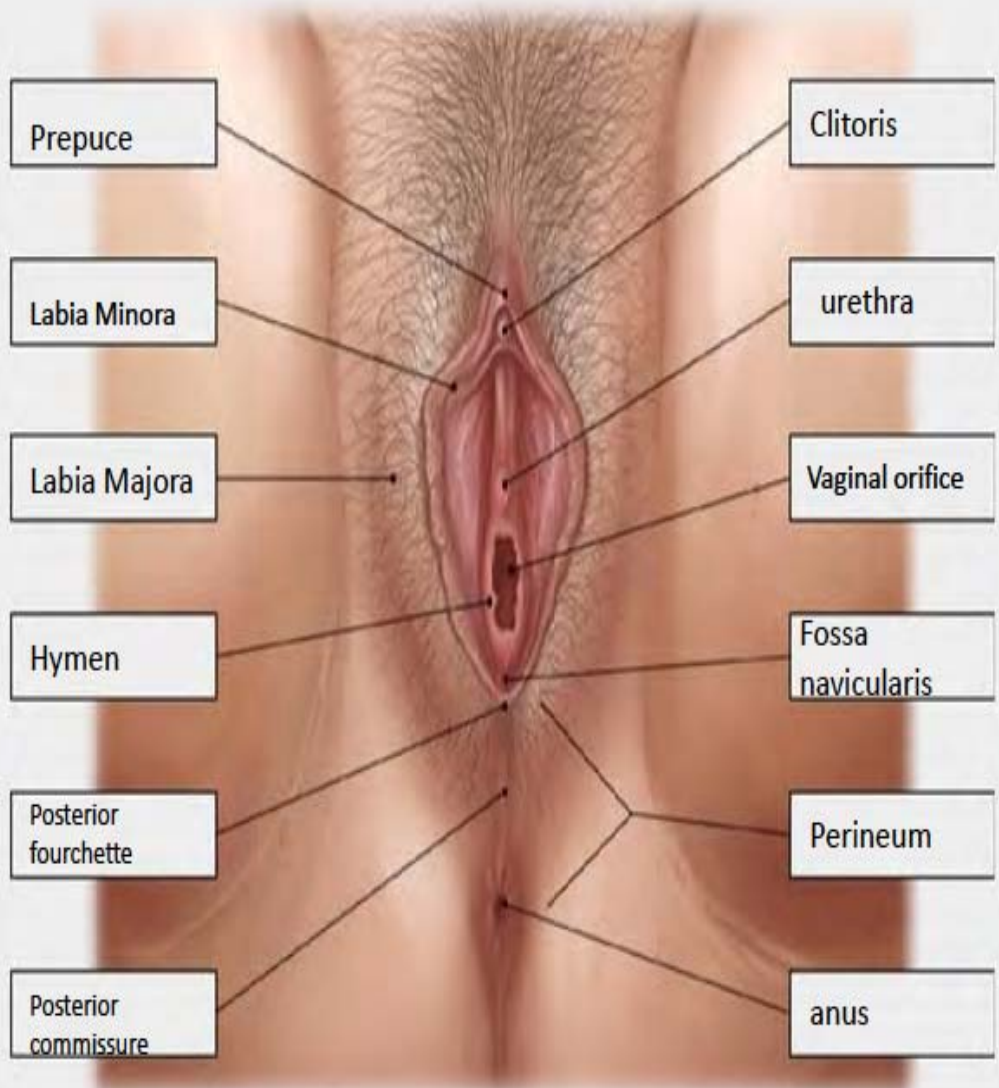






If you are a female, a tool called a speculum may be used. The speculum will be placed inside your vagina if that is okay. This will help to see if you are okay inside.







Now you will need to work with the medical staff to get ready for the pelvic exam. We will find a position that works for you. You can tell the medical staff what position feels best.





The medical staff will be at the bottom of the table. You will be able to see them during the exam.





Another step of the exam is taking medication to prevent sexually transmitted infections. Medical staff will tell you about the risk of getting an infection. Staff will tell you what you need to do once you get home.





There may be a chance you could become pregnant because of the assault. The medical staff will tell you about the risk of becoming pregnant and what medications are available at the hospital. It is your choice whether you take steps to prevent pregnancy.





“I want you to know that help is available after you leave the hospital. You can call \_\_\_\_\_ and talk with someone at any time. Services from the Rape Crisis Center are free to you and your family ... and important for your healing.”





Before you leave the hospital you will get a list of:

- medications given and the reason for taking them;
- things you can do at home to be healthy;
- suggestions for any follow-up steps;
- what was done at the hospital; and
- a voucher for follow-up services.







**YOU ARE SO BRAVE!  
THANK YOU.**

